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UMDF Mitochondrial Medicine 2025 – Patient/Family Program

(See Mobile App for Descriptions and Speakers)

Session Date/Time	Combined Sessions with Scientific/Clinical Attendees	Family Track 1 <i>Location: Grand E (unless noted otherwise)</i>	Family Track 2 <i>Location: Park View (unless noted otherwise)</i>	Teen Track <i>Location: Sterling 3 (unless noted otherwise)</i>	Family Track 3 - LHON <i>Location: Regency E-F (unless noted otherwise)</i>
Wednesday					
8:30 AM-12:45 PM		Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H
1:30 PM-5:30 PM		Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H
Thursday					
8:30 AM-12:45 PM		Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H
9:30 AM-6:30 PM		Patient/Family Registration Opens - Grand Foyer	Patient/Family Registration Opens - Grand Foyer	Patient/Family Registration Opens - Grand Foyer	Patient/Family Registration Opens - Grand Foyer
1:30 PM-5:30 PM		Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H
2:00 PM-2:30 PM		Accelerating Access: The Complex Landscape of Drug Launches - Grand E			
2:00 PM-4:30 PM				Craft-Shrinky Dinks	
2:30 PM-4:30 PM					LHON Casual Networking - Regency A-D
2:30 PM-3:00 PM		Clinical Trial Readiness: Designing with the Patient in Mind - Grand E			
3:00 PM-3:30 PM		Infrastructure: Clinical Research Pavilion and Community Collaboration - Grand E			
3:30 PM-4:00 PM	Break - Grand Foyer	Break - Grand Foyer	Break - Grand Foyer	Break - Grand Foyer	Break - Grand Foyer
3:30 PM-4:30 PM		Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2
4:00 PM-4:45 PM		When the Power Goes Out: A Beginner's Guide to Mitochondrial Disorders - Grand E			
4:30 PM-5:30 PM		Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2
4:45 PM-5:45 PM		Conversations and Connections for Mito Families - Grand E			
4:30 PM-5:30 PM					LHON Roundtable Discussions - Regency A-D
6:00 PM-8:00 PM	Posters and Conference Mitochondrial Family "Mixer" Reception - Grand Foyer, Grand C and Grand E	Posters and Conference Mitochondrial Family "Mixer" Reception - Grand Foyer, Grand C and Grand E	Posters and Conference Mitochondrial Family "Mixer" Reception - Grand Foyer, Grand C and Grand E	Posters and Conference Mitochondrial Family "Mixer" Reception - Grand Foyer, Grand C and Grand E	Posters and Conference Mitochondrial Family "Mixer" Reception - Grand Foyer, Grand C and Grand E
Friday					
7:00 AM-5:30 PM		Patient/Family Registration Opens - Grand Foyer	Patient/Family Registration Opens - Grand Foyer	Patient/Family Registration Opens - Grand Foyer	Patient/Family Registration Opens - Grand Foyer
7:30 AM-8:30 AM	Continental Breakfast - Regency Foyer	Continental Breakfast - Regency Foyer	Continental Breakfast - Regency Foyer	Continental Breakfast - Regency Foyer	Continental Breakfast - Regency Foyer
9:00 AM-9:15 AM					LHON Welcome
9:00 AM-9:45 AM				Round Table with Dr. Amy Goldstein	

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Friday					
9:00 AM-10:00 AM	Voices of UMDF and the Big Pitch - A Combined Session for Patient/Family and SciMed Attendees - NON CME - Regency A-D				
9:15 AM-10:00 AM					Interactive LHON Get Acquainted Activity
8:30 AM-12:45 PM		Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H
10:00 AM-11:00 AM		Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2
10:00 AM-10:45 AM				TEEN Session - Service Dogs - Tentative	
10:00 AM-10:30 AM	Break - Grand Foyer	Break - Grand Foyer	Break - Grand Foyer	Break - Teen Room	Break - Regency E-F Foyer
10:30 AM-11:30 AM					LHON: An Overview
10:30 AM-12:30 PM	Clinical Trial Updates - A Combined Session for Patient/Family and SciMed Attendees - Grand D-E	Clinical Trial Updates - A Combined Session for Patient/Family and SciMed Attendees - Grand D-E	Shared Wisdom: Insights from Mito Patients at Different Stages of the Journey		
11:00 AM-12:00 PM		Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2
11:15 AM-12:00 PM				Treasure Hunt	
11:30 AM-12:30 PM					Mental Health and LHON: Navigating Support for Individuals and Families
12:30 PM-2:00 PM	Lunch - Networking Tables by State/Region/Country - Regency A-D	Lunch - Networking Tables by State/Region/Country - Regency A-D	Lunch - Networking Tables by State/Region/Country - Regency A-D	Lunch - Networking Tables by State/Region/Country - Regency A-D	Lunch - Networking Tables by State/Region/Country - Regency A-D (LHON Have Designated Tables)
1:30 PM-5:30 PM		Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H
2:00 PM-4:00 PM		Ask the Mito Doc Panel Session (ends at 3:30pm)	Beyond the Diagnosis: Addressing Loss, Mental Health, and Palliative Care for Mitochondrial Disease Patients		
2:00 PM-3:00 PM		Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2
2:00 PM-3:00 PM					LHON Science: Moving Forward
2:00 PM-3:15 PM				Music Therapy	
3:00 PM-4:00 PM					LHON Community Update
3:00 PM-4:00 PM		Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2	Doc is in Program - By Appointment Only - Mills 1-2
3:15 PM-4:00 PM				Performing Arts Activity	

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Friday					
4:00 PM-5:00 PM				Dance/Decorations Prep Sterling 9	
5:30 PM-9:00 PM	UMDF Evening of Energy Reception and Banquet Celebration for ALL Attendees - Regency A-D	UMDF Evening of Energy Reception and Banquet Celebration for ALL Attendees - Regency A-D	UMDF Evening of Energy Reception and Banquet Celebration for ALL Attendees - Regency A-D	UMDF Evening of Energy Reception and Banquet Celebration for ALL Attendees - Regency A-D	UMDF Evening of Energy Reception and Banquet Celebration for ALL Attendees - Regency A-D
6:30 PM-9:00 PM				Dinner and Dance Sterling 9	
Saturday					
7:30 AM-8:30 AM		Family/LHON Continental Breakfast - Regency A-D	Family/LHON Continental Breakfast - Regency A-D	Family/LHON Continental Breakfast - Regency A-D	Family/LHON Continental Breakfast - Regency A-D
8:30 AM-12:45 PM		Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H	Clinical Research Pavilion (CRP) - By Appointment Only - Grand F-H
8:00 AM-9:45 AM					LHON Coffee and Conversation
8:15 AM-9:00 AM				Life-sized Board Game	
8:30 AM-10:00 AM		Coffee and Conversation - Regency A-D	Coffee and Conversation - Regency A-D		
9:00 AM-10:00 AM				Yoga	
9:45 AM-10:10 AM					Break - Regency Foyer
10:00 AM-10:30 AM	Break - Grand Foyer	Break - Grand Foyer	Break - Grand Foyer		
10:00 AM-10:45 AM				Role Playing	
10:10 AM-10:30 AM					UMDF Update for LHON Community
10:30 AM-11:30 AM		Ask the Mito Therapy Specialist (Part 1) - Grand C	From Chaos to Clarity: Organizing Your Medical Journey		Advocacy and Fundraising for LHON
11:00 AM-12:00 PM				School, Friends, and Social Supports	
11:30 AM-12:30 PM		Ask the Mito Therapy Specialist (Part 2) - Grand C	ICU Management for the Mitochondrial Disease Patient		Living a Healthy Lifestyle with LHON
12:00 PM-12:30 PM				Improv Activities - Fun, Silly Time and More	
12:30 PM-2:00 PM		Lunch - Regency A-D	Lunch - Regency A-D	Lunch - Regency A-D	Lunch - Regency A-D
2:00 PM-3:15 PM					Living with LHON Panel
3:15 PM-3:30 PM					LHON Closing